# INTERACTIVE CE SATELLITE BROADCAST



# A Surgeon General's Report on the Stigma of Mental Illness: Have We Made Progress?

Premiere Date: Wednesday, May 12, 2004

Live Broadcast: 12:00-1:00 p.m. ET Taped Re-Air: 3:00-4:00 p.m. ET Also on the Web: www.psychcme.net

#### This activity offers CE credit for:

- Physicians (CME)
- Nurses (CNE)
- Psychologists (CEP)
- Social Workers (NASW)
- Case Managers (CCMC)
- Pharmacists (CPE)

#### **FACULTY**

David Satcher, MD, PhD

Director, National Center for Primary Care Morehouse School of Medicine Atlanta, GA

Larry Culpepper, MD, MPH

Professor and Chairman Department of Family Practice Boston University School of Medicine Boston, MA

psychCME Chair and Moderator

Prakash S. Masand, MD

Consulting Professor of Psychiatry Duke University Medical Center Durham, NC

#### Viewing location (if site-facilitated):



For more information or to register for this FREE one-hour activity, please visit www.psychcme.net or call 877.CME.PROS.

☐ Please send me a free CD-ROM of this CE activity.

#### Statement of Need

Major depression is a chronic and disabling illness that imposes significant social and economic burdens on its sufferers. Yet, major depression remains under-treated despite ongoing advances in treatment options. Medical comorbidities can complicate diagnosis, treatment choice, medication compliance, and ultimately, prospects for remission. There are other obstacles to treatment, such as lingering societal perceptions and the stigma associated with mental illness. Overcoming the stigmatization of mental illness requires a coordinated effort by the multidisciplinary treatment team that includes psychiatry and primary care. In this evidencebased psychCME TV activity, Dr. Masand is joined by former US Surgeon General David Satcher, MD, and Larry Culpepper, MD, chair of the Department of Family Medicine at Boston University School of Medicine. Together the experts discuss the stigmatization of mental illness and the impact these perceptions have on patient outcomes.

#### **Activity Goal**

To recognize and overcome stigma as a barrier to diagnosis and treatment of mental illness.

### Learning Objectives

At the end of this CE activity, participants should be able to:

- Determine the role that stigma may play in the diagnosis and treatment of mental illness.
- Identify medical comorbidities that may be risk factors for major depressive disorder.
- Utilize a multidisciplinary treatment team interface to optimize management of depression.

## **Target Audience**

Physicians, nurses, psychologists, social workers, certified case managers, pharmacists, and other healthcare professionals with an interest in mental health.

#### Commercial Support

CME Outfitters, LLC, gratefully acknowledges an educational grant from Wyeth Pharmaceuticals in support of this CE activity.

#### **Credit Information**

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Universal Program Number: 376-999-04-011-L01 (live presentation) 376-999-04-011-H01 (recorded programs)

To receive credit, participants must review all activity materials in their entirety, score 70% or above on a post-test, and fully complete and return both the credit request form and activity evaluation. A certificate or statement of credit will be mailed to all who successfully complete these requirements.

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In cooperation with the National Center for Primary Care at Morehouse School of Medicine.

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	# Participants:	
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